

Golden 7D5N **BHUTAN & TSECHU FESTIVAL TOUR**






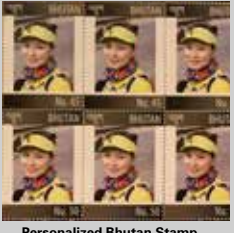
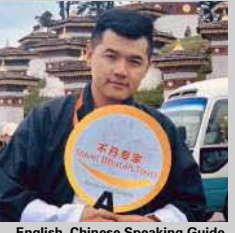


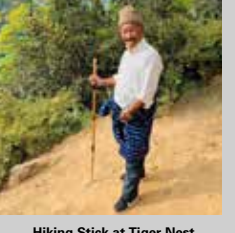
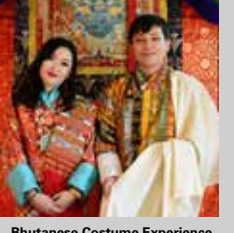
**PARO | PUNAKHA | GANGTEY | PHOBIKHA VALLEY |
WANGDUE PHODRANG | THIMPHU**



11大赠送 独家超值

EXCLUSIVE
COMPLEMENTARY

WORTH
价值
RM888

01  Bhutanese Cultural Dance 不丹文化舞蹈表演	02  Bhutan Tourist Visa 不丹旅行签证	03  Horse Ridding at Tiger Nest 骑马上虎穴寺	04  Bhutanese Tashi Khadar 不丹传统围巾	05  Organic Lemongrass Spray 天然香茅精油	
06  Personalized Bhutan Stamp 印制个人邮票	07  English, Chinese Speaking Guide 中英导游讲解	08  Local Data Sim Card 3GB 3GB网络电话卡	09  Unlimited Complimentary Water 无限矿泉水	10  Hiking Stick at Tiger Nest 虎穴寺的登山杖	11  Bhutanese Costume Experience 不丹传统服装

ACCOMMODATION 住宿

	4* HOTEL (OR SIMILAR CLASS)		4+5* HOTEL (OR SIMILAR CLASS)
THIMPHU	 @ Druk Hotel	 @ Ramada Hotel	 @ Yarkay IHCL SeleQtions
	 @ Zhingkham Resort	 @ Four Boutique Hotel	 @ Rkpo Green Resort
PARO	 @ Tashi Namgay Resort	 @ Tenzinling Luxury Camp	 @ Le Méridien Paro, Riverfront
STAY 留宿	LOCATION 地点	4* PACKAGE (OR SIMILAR CLASS)	4+5* PACKAGE (OR SIMILAR CLASS)
2 NIGHTS 2晚	THIMPHU 廷布	Druk Hotel / Ramada Hotel	Yarkay IHCL SeleQtions
1 NIGHT 1晚	PUNAKHA 普那卡	Zhingkham Resort / Four Boutique Hotel	Rkpo Green Resort / Bhutanic Resort
2 NIGHTS 2晚	PARO 帕罗	Tashi Namgay Resort / Tenzinling Resort / Tenzinling Luxury Camp / Tigernest Camp	Le Méridien Paro, Riverfront

VARIETIES CUISINE 各种美食

- | | | | | |
|------------------------|---------------------------|------------------------|------------------------|--------------------------------|
| • SUJA
酥油茶 | • JASHA MARU
不丹咖喱鸡 | • SHAMU DATSHI
蘑菇芝士 | • EZAYS
辣蘸料 | • MALAYSIAN BAK KUT TEH
肉骨茶 |
| • EMA DATSHI
辣椒芝士 | • SIKAM PAA
不丹培根肉 | • DAL BHAT
米饭和扁豆 | • KHATEM
炸苦瓜 | • INDIAN CUISINE
印度料理 |
| • KEWA DATSHI
马铃薯芝士 | • BHUTAN RED RICE
不丹红米 | • KHUR-LE
大麦煎饼 | • THAI CUISINE
泰国料理 | • CHINESE CUISINE
中式料理 |



DAY 1 – MALAYSIA – PARO – THIMPHU (1.5 HRS / 50 KM) (MOB/L/D)

※ **Rinpung Dzong:** Built in 1646, meaning "fortress full of treasures," it is a religious, administrative, and cultural center known for its Tibetan architecture and historical significance.

※ **Kyichu Lhakhang:** One of Bhutan's oldest temples, built in the 7th century, offering a glimpse into rural Bhutanese life and the chance to try traditional rice wine, Ara.

※ **Tachogang Lhakhang Bridge:** A scenic iron chain bridge built by Drukthob Thangtong Gyalpo, leading to the famous Tachogang Lhakhang Dzong.

DAY 2 – THIMPHU FESTIVAL (B/L/D)

※ **Thimphu Festival (Tashichho Dzong):** Bhutan's most important festival, featuring religious ceremonies and traditional dances that highlight the country's culture & beliefs.

※ **Kuenselphodrang Nature Park (Buddha Point):** Home to the nation's largest Buddha statue, the 169-foot-tall seated Buddha Shakyamuni, with breathtaking views over the Thimphu valley.

※ **National Memorial Chorten:** Built in honor of Bhutan's third king, this stupa reflects the deep reverence of the Bhutanese for both their king and religion.

※ **Motithang Takin Preserve:** A sanctuary for the gentle and rare takin, Bhutan's national animal, which roams freely in the forests.

※ **Jungshi Handmade Paper Factory:** A preservation project showcasing traditional handmade paper production using ancient techniques passed down through generations.

※ **Bhutan Post office Headquarters :** Bhutan is the world' famous "stamp-country" and you may create your own personalized stamp here, and send with those postcards to your beloved friends and family.

※ **Norzin Lam Street and Handicrafts Market:** A popular area for authentic Bhutanese handicrafts, clothing, and accessories, ideal for souvenir shopping.

※ **Simply Bhutan Museum:** A living museum dedicated to preserving Bhutanese traditional culture, where visitors can try archery, Bhutan's national sport.

DAY 3 – THIMPHU (3.5 HRS / 135 KM) GANGTEY (2 HRS / 75 KM) PUNANKHA (B/L/D)

※ **Gangtey Gonpa Monastery:** Bhutan's largest Nyingma monastery, a peaceful and historic site with strong religious significance.

※ **Phobjikha Valley:** A vast glacial valley with meandering streams and dense coniferous forests, known for its scenic beauty and as a wintering ground for the rare black-necked cranes.

※ **Black-Necked Crane Visitor Center:** An educational center offering insights into these rare cranes, making it a popular destination for nature enthusiasts and bird watchers.

DAY 4 – PUNAKHA – PARO (3 HRS / 105 KM) (B/L/D)

※ **Sopsokha Village Walk:** A small village where Lam Drukpa Kinley, the Divine Madman, is said to have subdued a demoness using a phallus to discipline evil spirits.

※ **Chimi Lhakhang:** A famous pilgrimage site known as the Temple of Fertility, particularly popular among childless couples seeking blessings.

※ **Punakha Dzong:** This iconic dzong lies at the confluence of the Mo Chhu and Pho Chhu rivers and is a prime spot for scenic photography and religious blessings.

※ **Punakha Suspension Bridge:** One of Bhutan's longest suspension bridges, spanning a scenic river, ideal for capturing memorable photos.

※ **Monk Blessing Ceremony:** A series of religious rites performed by monks and lamas, offering blessings for a happy and prosperous life.

※ **Dochula Pass:** A mountain pass with panoramic snow-capped views and 108 memorial chortens, built in honor of Bhutan's royal family.

※ **Druk Wangyal Chorten:** A set of stupas commissioned by the Royal Queen Mother in tribute to Bhutan's royal family, serene and beautifully constructed.

DAY 5 – PARO (B/L/D)

※ **Tiger's Nest:** Bhutan's iconic cliffside monastery, perched 900m above Paro Valley. Built in 1692, it is said Guru Rinpoche flew here on a tigress to meditate and subdue demons. Visitors can hike or ride halfway, then continue on foot.

※ **Drugyel Dzong:** The "Fortress of Victory," built by Zhabdrung Ngawang Namgyal in 1647 to commemorate his victory over the Mongol warlord Gushri Khan. A wonderful photo stop, rich with history.

※ **Bhutanese Traditional Dress Experience:** Try on Bhutan's traditional attire, the Gho and Kira, and capture the perfect cultural photo of the day.

DAY 6 – PARO – MALAYSIA (B/L/MOB)

※ **Paro Town:** A leisurely day for shopping in the town, where you can select unique Bhutanese handicrafts and souvenirs to take home, concluding your journey in Bhutan.

DAY 7 – ARRIVAL IN MALAYSIA

Your Bhutan journey ends here, Tashi Delek !

第 1 天 – 马来西亚 – 帕罗 – 廷布 (1.5 小时 / 50 公里) (机上用餐/午/晚餐)

※ **日蓬宗:** 建于1646年，意为“堆满珍宝的堡垒”。它是宗教、行政和文化的中心，以其壮丽的藏式建筑和历史地位闻名。

※ **祈楚拉康:** 不丹最古老的寺院之一，建于7世纪，是农耕文化与宗教信仰的交汇地。品尝传统米酒Ara，体验不丹农民生活。

※ **塔秋冈拉康:** 一座由传奇铁索桥匠人Drukthob Thangtong Gyalpo建造的桥梁，连接塔秋冈拉康宗堡，风景优美。

第 2 天 – 廷布节 (早/午/晚餐)

※ **廷布节(扎西确宗):** 不丹最重要的传统节庆之一，通常在不丹首都廷布的扎西确宗举行。节日期间，举办丰富的宗教仪式和传统舞蹈表演，展示不丹深厚的文化底蕴和宗教信仰。人们身着色彩鲜艳的传统服饰，参与盛大的庆典，舞蹈和仪式充满神圣与庄严。

※ **Kuenselphodrang 自然公园(金剛座释迦牟尼佛像):** 拥有全国最大的169英尺高的释迦牟尼佛像，俯瞰廷布山谷，景色壮丽。

※ **国家纪念佛塔:** 为纪念第三代国王修建的佛塔，展现不丹对宗教和国王的崇敬之情

※ **Motithang 羚羊保护区:** 栖息着不丹国兽Takin，这种温顺的动物独特而有趣。

※ **Jungshi 手工纸厂:** 展示使用古法制作传统手工纸的过程，体现不丹传统工艺的魅力。

※ **国家邮政总局:**不丹是世界著名的“邮票之国”，您可以在这里制作属于您自己的个性化邮票，并连同这些明信片一起寄给您心爱的亲朋好友。

※ **Norzin Lam 街区与工艺品集市:** 不丹手工艺品的天堂，提供精美的服饰和配饰选择。

※ **“简单不丹” 博物馆:** 一个活态文化博物馆，保护不丹的传统生活方式，体验射箭等特色活动。

第 3 天 – 廷布 (3.5 小时 / 135 公里) 岗提 (2 小时 / 75 公里) 普那卡 (早/午/晚餐)

※ **岗提贡巴寺:** 宁玛派的精神中心，周围被群山环抱，空气清新，充满浓厚的宗教氛围。这里不仅是朝圣者的圣地，也是游客体验不丹佛教文化与宗教历史的理想之地。

※ **富毕卡山谷:** 四周被茂密的森林覆盖，溪流在山谷间蜿蜒流淌。这个美丽的山谷是黑颈鹤每年迁徙的重要栖息地，每到冬季，成群的黑颈鹤会飞来此地栖息。

※ **黑颈鹤游客中心:** 一个为自然爱好者和鸟类研究者提供有关黑颈鹤及其栖息地的知识展示的地方。中心内展示了关于黑颈鹤的生态、迁徙路径以及保护工作的重要信息，还设有观察平台，方便游客观察这些珍稀的鸟类。

第 4 天 – 普那卡 – 帕罗 (3 小时 / 105 公里) (早/午/晚餐)

※ **索索卡村徒步游:** 位于稻田中的小村庄索索卡，据说是神圣的疯僧喇嘛竹巴吉列用阳具制服恶灵并加以驯服的地方。

※ **切米拉康寺:** 不丹著名的祈子寺庙，特别适合无子女的夫妻前来朝圣祈福，充满灵性的祝福地。

※ **普那卡宗:** 坐落于两河交汇处的不丹标志性宗堡，以其宏伟建筑和宗教祝福仪式闻名，是游客拍照和感受宗教氛围的热门之选。

※ **普那卡吊桥:** 不丹最长的吊桥，横跨清澈河流，两岸风景如画，是不可错过的徒步景点。

※ **僧侣祈福仪式:** 是由佛教僧侣和喇嘛举行的一系列宗教仪式。这些仪式体现了咒语的重要性，并将为您祈求幸福与繁荣的生活。

※ **多楚拉山口:** 雪山环绕的美丽山口，拥有108座纪念佛塔，庄严肃穆。

※ **楚克旺耶纪念碑:** 由皇太后为纪念不丹王室和国家而建的佛塔，建筑精美，气势恢宏，是不丹文化的象征之一。

第 5 天 – 帕罗 (早/午/晚餐)

※ **虎穴寺:** 不丹最具标志性的悬崖寺庙，位于帕罗谷上方900米的悬崖上。该寺庙建于1692年，传说 Guru Rinpoche (宗喀巴大师) 曾骑着一只母虎飞到这里，在山洞中冥想并降伏恶魔。游客可以选择徒步登山或骑马至半山，然后继续步行至寺庙，途中风景如画，是不容错过的经典体验。

※ **卓杰宗:** 胜利堡垒，纪念不丹战胜蒙古军阀的历史事件，是拍照留念的佳地。

※ **不丹传统服饰体验:** 游客可以穿上不丹传统服装——男性的“戈”和女性的“基拉”，亲身体验不丹的传统文化。你可以拍下身着传统服饰的照片，留下难忘的回忆，感受不丹的文化与魅力。

第 6 天 – 帕罗 – 马来西亚 (早/午/机上用餐)

※ **帕罗小镇:** 自由购物的不二之选，挑选独特的不丹手工艺品和纪念品，为旅行画上完美句号。

※ **第 7 天 – 抵达马来西亚**

扎西德勒，你的不丹之旅到此结束！

BHUTAN MAP ROTATION

不丹地图旅游路线



ESTIMATED FLIGHT SCHEDULE 预计航班时间

DEPARTURE 出发	Day 01 第一天	B3-709	0500 KUL 吉隆坡	-	0720 PARO 帕罗	⌚ 4 Hrs 30 Mins
RETURN 往返	Day 06 第六天	B3-708	1630 PARO 帕罗	-	0020+1 KUL 吉隆坡	⌚ 5 Hrs 50 Mins via Kolkata

*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice. 此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等。

TOUR FARE 团费

DEPARTURE 出发日期	ADULT TWINS 成人	CHILD TWIN 小孩占床	PRIVATE GROUP 私人包团	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险

TERMS & CONDITIONS 备注：

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines in case if there is any hike if any of these fee without notice by the authorities.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.
- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.
- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
- Government SDF Waiver is subject to change according to Bhutan government decision.

Deposit / Tour Payments
A non-refundable of RM 3000 per person must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit of RM3000 per person will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

UPDATED DATE: 12 FEB 2025

